

# THE CITY OF FARGO

OFFICE OF THE MAYOR

## *Proclamation*

**WHEREAS**, Mental health is an essential component of everyone's health; and

**WHEREAS**, Having poor mental health is not the same as having a mental health condition; and

**WHEREAS**, All people experience times of stress and trauma in their lives; and

**WHEREAS**, There is a strong body of research that supports specific tools such as increased social connection that anyone can use to better handle challenges and protect their health and well-being; and

**WHEREAS**, Mental health crises are real and prevalent in North Dakota; and

**WHEREAS**, Each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and reduce the stigma.

**NOW, THEREFORE, BE IT RESOLVED**, that I, Dr. Timothy J. Mahoney, Mayor of the City of Fargo, North Dakota, do hereby proclaim May 2024 as

### **MENTAL HEALTH MONTH**

in the City of Fargo, North Dakota and call upon the citizens, government agencies, public and private institutions, businesses and schools to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health and the need for appropriate and accessible services for all people with mental health conditions.



**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the seal of the City of Fargo, North Dakota to be affixed this 1st day of May, 2024.

A handwritten signature in blue ink, appearing to read "T. Mahoney", is written over a horizontal line.

Dr. Timothy J. Mahoney  
Mayor  
Fargo, North Dakota