

THE CITY OF FARGO

OFFICE OF THE MAYOR

Proclamation

WHEREAS, Families are a priority in the City of Fargo, and supporting them includes ensuring access to environments that promote healthy lifestyles and informed infant feeding choices; and

WHEREAS, Human milk feeding, commonly known as breastfeeding, is the optimal source of infant nutrition and a proven public health strategy that supports lifelong health and development; and

WHEREAS, Breastfeeding offers significant benefits to both infants and mothers, including lower rates of childhood obesity, diabetes and infections, as well as reduced risk of maternal breast and ovarian cancers, type 2 diabetes and hypertension; and

WHEREAS, All major medical authorities recommend exclusive breastfeeding for the first six months of life, with continued feeding alongside complementary foods for two years and beyond; and

WHEREAS, Families are more likely to achieve their breastfeeding goals when supported by healthcare providers, childcare centers, employers and community systems through best practices and lactation friendly environments; and

WHEREAS, A breastfeeding friendly community embraces families of all races and family structures and works to eliminate barriers to human milk feeding through education, policy and cultural support.

NOW, THEREFORE, BE IT RESOLVED, That I, Josh Boschee,
Mayor of the City of Fargo, do hereby proclaim August 2026 to be

NATIONAL BREASTFEEDING MONTH

and

WORLD BREASTFEEDING WEEK AUGUST 1-7, 2026

in the City of Fargo and urge everyone to prioritize supporting families by promoting healthy lifestyles and informed infant feeding choices.

IN WITNESS WHEREOF, I have hereunto set
my hand and caused the Seal of The City of Fargo,
North Dakota to be affixed this 22nd day of July,
2026.


Josh Boschee
Mayor

Fargo, North Dakota