



### 49<sup>th</sup> Meeting of the Cass Clay Food Commission

May 8, 2024 10:30 am – 12:00 pm  
Location: Fargo City Commission Chambers

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| 10:30 am | 1. Welcome   |
|          | a. Approve Order & Contents of the Overall Agenda  |
|          | b. Review & Action on Minutes from March 13, 2024 ( <b>Attachment 1</b> )  |
|          | c. Mission of the Cass Clay Food Partners  |
|          | <i>The mission of the Cass Clay Food Partners is to improve all levels of the community food system and assure that residents have increased access to safe, nutritious, affordable, and culturally-based foods. The Cass Clay Food Partners includes three separate arms: the Cass Clay Food Commission which educates local leaders and discusses food policy issues, a steering committee comprised of key government institutions and local food systems experts that advises the Food Commission, and an action network of area organizations and individuals working together on important food topics in the community.</i> |
| 10:35 am | 2. Commission Introductions – Chair Preston  |
| 10:40 am | 3. Cass Clay Food Partners Resource Review – Adam Altenburg ( <b>Attachment 2</b> )  |
| 10:50 am | 4. Local Producer Spotlight: Caliton Family Farms – Caliton Ntahompagaze   |
| 11:10 am | 5. Community Spotlight: C.A.S.A   Cultura, Amigos, Salud y Ambiente – Karla Hernandez & Kory Powell  |
| 11:30 am | 6. Steering Committee Updates – Michelle Draxten   |
| 11:35 am | 7. Kudos & Community Recognition – Michelle Draxten ( <b>Attachment 3</b> )  |
| 11:45 am | 8. Public Comment Opportunity – Chair Preston ( <b>Attachment 4</b> )  |
| 11:50 am | 9. Commission & Steering Committee Roundtable: Community Updates & Meeting Reflections – Chair Preston   |
| 11:55 am | 10. Future Meetings & Commission Action Steps  |
|          | a. Action Network Newsletter Update  |
|          | b. Reminder – No July Commission Meeting   |
|          | c. <b>Next Commission Meeting – September 11, 2024</b>   |
| 12:00 pm | 11. Adjournment  |

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Cass Clay Food Commission meetings are taped and rebroadcast on cable channel TV Fargo 56 each Friday at 11:00 am. People with disabilities who plan to attend this meeting and need special accommodations should contact Savanna Leach at Metro COG at 701.532.5100. Please contact us at least 48 hours before the meeting to give our staff adequate time to make arrangements. Meeting minutes are available on the Cass Clay Food Partners website at [www.cassclayfoodpartners.org](http://www.cassclayfoodpartners.org) and Metro COG's website at [www.fmmetrocog.org](http://www.fmmetrocog.org).

# Attachment 1

**48<sup>th</sup> Meeting of the  
Cass Clay Food Commission  
March 13, 2024  
Fargo Commission Chambers**

**Members Present:**

Arlette Preston, Fargo City Commission, Chair  
Heather Nesemeier, Moorhead City Council  
Paul Hankel, Horace City Council (proxy)  
Jim Kapitan, Cass County Commission  
Paul Krabbenhoft, Clay County Commission  
Dave Steichen, Dilworth City Council  
Anna Johnson, At-Large Member  
Joan Kopperud, At-Large Member  
Carin Engler, At-Large Member  
Jeff York, At-Large Member

**Members Absent:**

Mandy George, West Fargo City Commission  
Jeffrey Miller, At-Large Member

**Others Present:**

Michelle Draxten, Fargo Cass Public Health  
Rory Beil, Clay County Public Health  
Rita Ussatis, NDSU Extension  
Noelle Harden, U of M Extension  
Janice Tweet, Great Plains Food Bank  
Erika Franck, Clay County Planning and Zoning  
Eric Hegg, Global Refuge  
Melissa Anderson, North Dakota Department of Public Instruction  
Linda Schloer, North Dakota Department of Public Instruction  
Amber Lockhart, Northern Cass School District  
Zoe Absey, Great Plains Food Bank  
Adam Altenburg, Fargo-Moorhead Metropolitan Council of Governments

**1a. Approve Order and Contents of the Overall Agenda**

A motion to approve the order and contents of the overall agenda was made by Ms. Kopperud and seconded by Ms. Nesemeier. The motion was voted on and unanimously approved.

**1b. Review and Action on Minutes from January 10, 2024**

A motion to approve the minutes for January 2024 was made by Ms. Johnson and seconded by Mr. Krabbenhoft. The motion was voted on and unanimously approved.

**1c. Welcome to New Food Commission Member Paul Hankel, City of Horace (proxy)**

Chair Preston welcomed Communications Specialist Paul Hankel as the new proxy member for the City of Horace.

### **1d. Mission of the Cass Clay Food Partners**

Chair Preston noted the mission of the Cass Clay Food Partners included as part of meeting agendas in 2024.

### **2. Commission Introductions**

Chair Preston led the Commission and steering committee members in a brief round of introductions.

### **3. Cass Clay Food Partners Resource Review**

Ms. Tweet provided a brief overview of the revised Hunger and Food Insecurity snapshot. She referred to Hunger on the Plains 2023, the Great Plains Food Bank quadrennial report that surveyed 518 clients from 68 food pantries across North Dakota and Clay County, Minnesota that noted that 43 of households served included children, 11 percent included seniors, 74 percent had a household member with at least one chronic condition, 40 percent did not have access to a vehicle, and nearly two in five households surveyed had to make choices between paying for food and other essential needs such as utilities, transportation, and healthcare. She concluded by mentioning initiatives to reduce hunger and food insecurity in the region including federal programs, food assistance programs, local organizations, and local initiatives such as farmers markets, community gardens, and others.

### **4. Implementation of USDA Nutrition Assistance Programs in North Dakota**

Linda Schloer and Melissa Anderson from the North Dakota Department of Public Instruction (NDDPI) presented information on USDA child nutrition and food distribution programs in North Dakota. They noted that NDDPI administers three USDA household programs in North Dakota: the Emergency Food Assistance Program (TEFAP), the Food Distribution Program on Indian Reservations (FDPIR), and the Commodity Supplemental Food Program (CSFP). They also explained that NDDPI administers multiple child nutrition programs in North Dakota: the Summer Food Service Program (SFSP), Summer EBT (S-EBT), the Child and Adult Care Food Program (CACFP), and the National School Lunch Program (NSLP) which includes the School Breakfast Program and the Fresh Fruits and Vegetables Program.

### **5. Meal Repack Program**

Zoe Absey of the Great Plains Food Bank and Amber Lockhart of Northern Cass School District informed the Commission about the Cass Clay Hunger Coalition Meal Repack Program.

Ms. Absey explained that the Meal Repack Program started in 2021 and that the goal is to support students and families experiencing food insecurity. She noted that there are currently six participating schools: Moorhead High School, the Moorhead Career Academy, Northern Cass, Carl Ben Middle School, Sheyenne High School, and Barnesville Public Schools.

Ms. Lockhart noted that key stakeholders of the program include nutrition staff to ensure safe preparation and repacking of food, a school pantry coordinator to assist with meal storage and distribution and also to maintain records, and an administrative team to launch and sustain the program. She also noted food label requirements and a review implementation guide to assess available resources, determine distribution processes and location, and determine who will receive meals.

### **6. Steering Committee Updates**

Ms. Draxten provided an informational update to the Commission regarding the steering committee's recent activities.

## **7. Kudos and Community Recognition**

Ms. Draxten recognized Keith Lehman and his support for the Fargo North Open Door program. She explained that Open Door is a hybrid food pantry and clothing room for students in need. She noted that Fargo North Mathematics teacher and Department Chair Keith Lehman has helped raise nearly \$10,000 for Open Door over the past four years by running one mile for every \$100 raised each fall and winter.

Ms. Draxten also recognized area restaurants and chefs that had been named semifinalists for the James Beard Award. She explained that the James Beard Foundation's Restaurants and Chef Awards recognize exceptional talent and achievement in the culinary arts, hospitality, media, and broader food system, as well as demonstrated commitment to racial and gender equity, community, and sustainability. The 2024 Restaurant and Chef semifinalists were recognized across 22 categories and included:

- Outstanding Restaurateur: Nikki Ness Berglund and Ryan Nitschke, Luna Fargo, Sol Ave. Kitchen, Nova Eatery and others, Fargo, ND
- Outstanding Bakery: Nichole's Fine Pastry & Café, Fargo, ND
- Best Chef: Midwest – Andrea Baumgardner, BernBaum's, Fargo, ND

## **8. Public Comment Opportunity**

Chair Preston informed the Commission that time would be allotted for public comments. She noted that members of the community may also submit comments via a comment link when Commission packets are emailed out.

No additional public comments were made.

## **9. Commission and Steering Committee Roundtable: Community Updates and Meeting Reflections**

Chair Preston asked for the Commission and the steering committee to share any additional updates or meeting reflections.

## **10. Future Meetings and Commission Action Steps**

Chair Preston stated that the next Commission meeting would be held on May 8 and noted that the next Coffee with the Commission event would be on a date yet to be determined.

Chair Preston adjourned the meeting at 11:45 AM.



**To:** Cass Clay Food Commission  
**From:** Adam Altenburg, Metro COG  
**Date:** May 3, 2024  
**Re:** *Cass Clay Food Partners Resource Review*

Since March 2015, the Cass Clay Food Partners has developed nearly two dozen resource documents highlighting urban agriculture, food access, sustainability, and other food systems topic areas relevant to the Fargo-Moorhead area. These documents have included blueprints, which look at food systems from a land development code perspective; and issue briefs and snapshots, which provide more of an overview of an issue the community may have seen locally.

In March 2024, the steering committee provided information on the snapshot for [Hunger and Food Insecurity](#). This month, the steering committee will present information from the blueprint on [Residential Gardening](#).

All blueprints, snapshots, and issue briefs can be found at the link below:

<https://fargond.gov/city-government/departments/fargo-cass-public-health/health-promotion/cass-clay-food-partners/blueprints>

**Requested Action:**  
**None**



**To:** Cass Clay Food Commission  
**From:** Michelle Draxten, Fargo Cass Public Health  
**Date:** April 29, 2024  
**Re:** *Kudos and Community Recognition*

Since May 2022, the Cass Clay Food Commission has highlighted individuals and organizations for their work in the Fargo-Moorhead metropolitan area and the broader community. This includes awards and recognitions as well as state and local initiatives that support food systems and the values of the Commission.

In May 2024, the Steering Committee would like to recognize the following:

1. City of West Fargo Passes Backyard Chicken Ordinance  
On April 1, 2024, the West Fargo City Commission voted to pass an ordinance that allows residents to have backyard chickens. Residents are allowed up to six chickens and must obtain a permit. West Fargo joins the cities of Fargo, Moorhead, and portions of Horace in allowing backyard chickens as a permitted or conditional use.
2. Certificate of Appreciation to Commissioner George  
The Steering Committee would like to recognize and thank Food Commissioner Mandy George from the City of West Fargo for her contributions to the Cass Clay Food Commission for the past four years. Commissioner George's term with West Fargo will end this summer and she is not seeking another term. Commissioner George was instrumental in bringing the topic of backyard chickens forward to the City Commission and in its passing.

**Requested Action:**  
**None.**



**To:** Cass Clay Food Commission  
**From:** Arlette Preston, Chair  
**Date:** May 3, 2024  
**Re:** *Public Comment Opportunity*

The public comment opportunity is an open forum for the public to provide comments about specific items on this meeting's agenda, as well as any other issues that may pertain to food systems policies or programs. Members of the public may also submit comments online through the comment form link sent out with the meeting's agenda and packet. People may sign up to receive notices about the Cass Clay Food Commission at <http://fmmetrocog.org/get-involved>.

Comments to the Cass Clay Food Commission will be limited to one minute per individual or at the discretion of the Commission Chair.

**Requested Action:**  
**None**